

TRAUMA 2026
16th Annual Conference of the
Indian Society for Trauma & Acute Care (ISTAC®)

"BEYOND THE GOLDEN HOUR – LEVELLING UP TRAUMA CARE"

8 – 11 October 2026
K.N. Udupa Auditorium
Institute of Medical Sciences, Banaras Hindu University, Varanasi

SCIENTIFIC PROGRAMME

CONFERENCE OVERVIEW

Theme	Beyond the Golden Hour – Levelling Up Trauma Care
Dates	8–11 October 2026
Venue	K.N. Udupa Auditorium, IMS, BHU, Varanasi
Pre-Conference Workshops	8th October 2026
Main Conference	9th–11th October 2026
Halls	Hall A – Main scientific programme Hall B – Trauma Nursing, oral papers and posters,

PROGRAMME HIGHLIGHTS

✦ ISTAC Oration
✦ Keynote lectures
✦ Military & Combat Surgery Session
✦ Acute Care Surgery Session
✦ Morbidity & Mortality Conference – How to Do It Right
✦ Trauma First Responder Programme
✦ Trauma Mindbenders – Annual Quiz
✦ Courage Under Fire – Decision-Making Session
✦ 10 Years of Trauma Surgery training in India – Panel Discussion
✦ Video-Based Surgical Procedures
✦ Trauma Protocols Every Centre Must Have
✦ Trauma Research Forum
✦ Trauma hands-on Workshops
✦ Award Papers, oral Papers & Poster Session

PRE-CONFERENCE WORKSHOP DAY – 8th OCTOBER 2026

Venue: IMS-BHU Skills Laboratories, Wet Labs & Simulation Centre, Varanasi

Category	Workshop	Target Audience	Time	Convenor(s)
NON-CADAVERIC	Training of Trainers followed by Trauma First Responder Programme (TFRP) Training of Trainers LAY FIRST RESPONDERS Certificate course	medical personnel for ToT TFPR – Bystanders, community volunteers, non-medical public	0900–1400 (Half Day)	Vipul Srivastava Harshit Agarwal Supreet Kaur Josés Dany James Poonam Joshi Rabeesh
	Surgical Critical Care Workshop – Arterial Blood Gas Analysis, ROTEM/TEG analysis Basics of Mechanical Ventilation	General Surgeons, Trauma Surgeons, Emergency Medicine Physicians	0900–1400 (Half Day)	Richa Aggarwal Tanya Anand Yashpal Singh Bikram Gupta Shashi Raj
	POCUS (Point-Of-Care Ultrasound) in Trauma	General Surgeons, Trauma Surgeons, Emergency Medicine Physicians	0900-1200	Shivi Jain Veda Chigurupati Siddhi Chawla Vinod Kr Saini
	Basic Life Support (BLS)	Nurses		Manjari Mishra
	Wound Care Workshop	Nurses		Arvind Pratap Vaibhav Jain Jamun Anu Antony
	Basic Splintage	Nurses		Ankush Mohabey Altaf Hussain Mir Birju Manjhi Abhijeet Kunwar
CADAVERIC	ED Procedures- Surgical cricothyroidotomy, Intercostal drain placement, Fasciotomy for upper and lower limbs	General and Trauma Surgeons, EM Physicians	0830–1300	Junaid Alam R S Moore Umesh Kumar Sumit Sharma Vivek Katiyar
	Advanced Procedures Emergency Department Thoracotomy Rib and Clavicle Fixation	General, and trauma surgeons	0830–1300	Abhinav Kumar Anand Mishra Shubham Srivastava S P Mishra Aman Arora

DAY 1 – 9th OCTOBER 2026 (FRIDAY) | HALL A

TIME	TOPIC / SESSION	SPEAKER(S)	CHAIRPERSONS
0700–0800	CONFERENCE REGISTRATION		
0800–0900	SESSION 1A AWARD PAPERS: YOUNG FACULTY (ORAL)		
0900–1000	SESSION 2A INITIAL ASSESSMENT: SYSTEMS, STRATEGIES AND RESUSCITATION		
	(1) Designing trauma pathways in the ER: Space, staff and systems	Athish. K	Sandeep Jain Bikram Gupta Ajay Kumar Animesh Vats
	(2) The Trauma Triage: Reducing under- and overtriaging	Shamita Chatterjee	
	(3) XABCDE: How does it change patient management?	S K Bhartiya	
	(4) TXA, Blood and beyond: what's new in trauma resuscitation?	Narendra Choudhary	
1000-1100	SESSION 3A ESSENTIAL TRAUMA PROTOCOLS FOR EVERY DEVELOPING CENTRE		
	(1) Massive haemorrhage protocol — building yours from scratch	Vignesh Kumar	Girish Bakshi Rahul Khanna Anita Singh Amit Singh Manjaree Mishra
	(2) The Trauma RUSH-IN Protocol – a must-have for every trauma centre	Shaphali Chandra	
	(3) CT Protocol for Trauma	Ashish Verma	
	(4) VTE prophylaxis in polytrauma	Dan Whitley (USA)	
1100–1230	SESSION 4A INAUGURATION & ISTAC ORATION		
	Welcome Address ISTAC ORATION Shaping the future of Trauma Care through Data and Innovation Orator: Dr Hassan Al Thani (Qatar) Presidential Address Secretary's Report Release of Conference Souvenir		

1230–1330	LUNCH BREAK		
TIME	TOPIC / SESSION	SPEAKER(S)	CHAIRPERSONS
1330–1445	SESSION 5A – YOUNG FACULTY VIDEO-BASED SURGICAL PROCEDURES SESSION (PART I)		
	(1) ICD insertion – technique and pitfalls	Vikram TS	Narender Kumar Umesh Kumar Satendra Kumar Sanjay Yadav Arun Kumar Pandey Suvashis Dash
	(2) STSG, NPWT, Skin substitutes and cover options	Mohit Goyal	
	(3) Fasciotomy for lower limb compartment syndrome: the right way to do it	Divakar Goyal	
	(4) Pre-peritoneal pelvic packing and Internal Iliac artery Ligation for exsanguinating pelvic haemorrhage	Ram Krishna Kumar	
	(5) Decompressive craniectomy — technique and pitfalls	Majid Anwer	
	(6) Surgical Stabilisation of Rib Fractures	Pranay Kabiraj	
1445–1545	SESSION 6A COURAGE UNDER FIRE: DECISION-MAKING IN REAL TRAUMA SCENARIOS		
	Moderator Abhinav Kumar Case Presentation Debmoy Ghatak Raajeshwaran MA Panelists S K Bhartiya Sumit Sharma Ajai Malhotra Shamita Chatterjee		
1545-1700	SESSION 7A RECENT UPDATES IN TRAUMA AND SURGICAL CRITICAL CARE		
	Enabling abdominal closure after Damage Control Surgery: Direct peritoneal resuscitation:	Tanya Anand (USA)	Puneet Pankaj Kumar Singh Vishwas Sathe Arun Raj Pandey
		Ravi Shankar Prasad	

	CBI-M Classification in Traumatic Brain Injury: Are we moving beyond mild, moderate and severe TBI		
	Surviving Sepsis Guidelines 2026: What the trauma surgeon should know	Suresh Agarwal (USA)	
	Trauma-Induced Coagulopathy: Do we understand it better now?	Joses Dany James	
	Artificial Intelligence in Trauma and Acute Care: Has the AI Boom hit TRACS?	Mayur Narayan (USA)	
1700 - 1730	QUIZ SESSION ONE		
	Quiz Masters Veda Chigurupati Debmoy Ghatak Abdul Hakeem		

TIME	TOPIC / SESSION	SPEAKER(S)	CHAIRPERSONS
0800–0900	SESSION 8A AWARD PAPERS: RESIDENTS (ORAL)		
0900–1000	SESSION 9A HIGH-PERFORMANCE TRAUMA SYSTEMS: FIRST RESPONSE TO QUALITY IMPROVEMENT		
	Community First Responders: The missing cog in our trauma system	Rabeesh Kumar	S K Gupta Naveen Sharma S Bera N K Agrawal Pankaj Kumar
	HEMS in India	Madhur Uniyal	
	The Difference Between Doing Trauma and Doing It Well: Trauma Quality Improvement Programs (TQIP)	Amit Gupta	
	Legacy of Trauma Care and Future Directions: The BHU Experience	Ajit Singh	
1000–1100	SESSION 10A YOUNG FACULTY VIDEO-BASED SURGICAL PROCEDURES SESSION (PART II)		
	Diagnostic laparoscopy in abdominal trauma — how and when	Vaibhav Jaiswal	Sandeep Tiwari Mohit Joshi Mumtaz Ansari Zeeshan Hakim Harikesh Yadav
	The Ninja Master: Tips and techniques in the bleeding liver	Harshit Agarwal	
	Video Assisted Thoracic Surgery in thoracic trauma	Preksha Rani	
	Mandibular ORIF — surgical anatomy, plating sequence	Abhishek Jaiswal	
1100–1200	SESSION 11A LET'S DISCUSS THE ELEPHANT IN THE ROOM		
	Futility and palliative care in trauma: Poor prognosis does not mean the end of care	Shailvi Gupta (USA)	V K Shukla Sandeep Sahu Winston Noronha Vivek Srivastava
	TRAUMANOMICS: Who is footing the bill for trauma in India?	Sukria Nayak	

	Documentation in Trauma Medico-legal cases: what every trauma surgeon should know	Swati Tyagi	Abhijeet Kumar
	Trauma and Critical Care Surgery In The Philippines	Aireen Patricia Madrid	
1200–1245	SESSION 12A		
	PANEL DISCUSSION: 10 YEARS OF TRAUMA AS A SPECIALTY TRAINING IN INDIA		
	Panelists Ashok Puranik (AIIMS Guwahati) Sushma Sagar (AIIMS New Delhi) Sandeep Tiwari (KGMC Lucknow) Brig Pawan Sharma (Army Medical Corps) Anil Kumar (AIIMS, Patna) Sanjay Doke (MGM Medical College, Navi Mumbai) Mahaveer Rodha (AIIMS Jodhpur) Mahendra Chauhan (AIIMS Nagpur) Madhur Uniyal (AIIMS Rishikesh) S P Mishra (IMS BHU Varanasi) Sahil Gupta (EMC Superspeciality Hospital, Amritsar) Dinesh Gora (SMS Medical College) Vipul Thakur (AIIMS, Bilaspur)		
1245–1345	LUNCH BREAK		
1345-1445	SESSION 13 A		
	SPECIAL SCENARIOS IN TRAUMA		
	Uninvited guests - Management of soft tissue Infections in extremity Trauma	Pratyusha Priyadarshini	Vikas Singh Virendra Kumar Rohit Satendra Kumar Alok Rai
	Selective Non-Operative Management of Penetrating Abdominal Trauma	Supreet Kaur	
	Do all pseudoaneurysms in Solid organ injury need embolization?	Shivanand Gamangatti	
Less Is More? Small-Calibre versus Large-Calibre Chest Tubes for Haemothorax	Marc de Moya (USA)		
1445–1515	SESSION 14A		
	Morbidity & Mortality CONFERENCE: HOW TO DO IT RIGHT		
	Principles of a high-quality M&M — what good looks like	Conducted and Moderated by	Participants
	LIVE case presentation and group root-cause analysis	Dinesh Bagaria	Vishnu Teja Shankarnath S Abdul Hakeem Rachith Sridhar Ruby Kataria
	The just culture framework — accountability without blame		
	Closing the loop — turning M&M findings into protocol change		

1515– 1615	SESSION 15A REGIONAL TRAUMA		
	Emergencies in Orbital trauma	Awaneesh Katiyar	Samir Misra Seema Khanna S K Tiwari Ajay Khanna Mahendra Chauhan
	Peripheral Vascular Injury in the real world: Decision-making beyond six hours	Soumya Ghoshal	
	Neck injuries - blunt vs penetrating laryngeal injury	Damodar K	
	Debridement, diversion, reconstruction: Key decisions in perineal injuries	Ramesh Vaidyanathan	
1615– 1715	SESSION 16A TRAUMA RESEARCH FORUM		
	The Journal of Injury and Acute Care: The Editors' Report	Subodh Kumar	Jagdish Menon Sandeep Tiwari Maneesh Singhal Mayur Narayan Vaibhav Jain
	Funding for trauma research in India: what are the options?	Samir Misra	
	Most impactful Global Publications in the past decade	Mohit Joshi	
	Generating Evidence to Changing Practices in Trauma – Experience from India	Aftab Hossein	
1730– 1830	ISTAC® GENERAL BODY MEETING		
1900	GALA DINNER		

TIME	TOPIC / SESSION	SPEAKER(S)	CHAIRPERSONS
8030–1030	SESSION 17 A		
	MILITARY TRAUMA CARE IN CONTEMPORARY WARFARE: FROM POINT OF INJURY TO OPERATIONAL READINESS		
	Advances in Combat Casualty Care: Lessons Emerging from Contemporary Global Co	Surg Cdr Piyush Gupta	Maj Gen Jaswinder Singh Brig Rahul Yadav
	Air Evacuation and Trauma Transfer Protocols: Optimizing Casualty Movement Through Patient Transfer Units (PTUs)	Wing Cdr S Manwatkar	
	Catching Up with Fast-Paced Technology in Combat Care: How Ready Are We?	Lt Col J K Singh	
	Prolonged Casualty Care versus Early Evacuation in Combat Operations: The Unending Debate	Lt Col Aman Arora	
	Rehabilitating the Modern War Amputee: Early Prosthetic Integration and Functional Recovery in the Armed Forces	Brig A S Kalra	
	Operational Preparedness for High-Intensity Conflict: Are We Ready for a Potential “Op Sindoor 2.0”?	Lt Col Ajay Sharma	
Expert panel discussion Preparing the Military Trauma System for the Next War: What Must Change Today?”	Moderator- Col Anand Kumar Katiyar Panelists Brig Pawan Sharma Col Vikas Chawla Brig AS Kalra Brig Animesh Vats Brig Vikas Raj Gupta Brig Suraj Narayan Mishra Lt Col Binu Sekhar M		

1030 - 1130	SESSION 18A			
	ACUTE CARE SURGERY: WHERE TRAUMA MEETS EMERGENCY SURGERY			
	Applying Damage Control principles in Non-trauma Emergency Surgery	Sushant Soren	Sanjay Doke Vijay Shivpuje Rahul Khanna Yaduvendra Kavita Meena	
	To operate or not to operate in Uncomplicated Acute Appendicitis: Where does the evidence point in 2026?	Joseph Hanna (USA)		
	Preserving the gut: Best practices in the surgical management of Acute mesenteric ischemia	Ajai Malhotra (USA)		
Abdominal wall reconstruction	Satyendra Kumar			
1130–1230 (Format: 8 min FOR → 8 min AGAINST → 4 min rebuttal)	SESSION 19A			
	POINT-COUNTERPOINT DEBATES			
	Topic	PRO	CON	Satish Dharap Qamar Azam
	Surgical Stabilisation of Rib Fractures in the non-flail population- has the pendulum swung back?	Sanjay Shah	Biplab Mishra	
	MESS on the border – Early amputation, prosthesis and rehabilitation vs multiprocedural limb salvage	Raajeshwaran MA	Amit Rastogi	
	Resuscitative Thoracotomy in blunt trauma: Life-saving procedure OR futile surgery	Vivek Kumar	Pranabh Kushwaha	
1230–1330	TRAUMA MINDBENDERS — ANNUAL QUIZ: GRAND FINALE	Quiz Masters		
	Top teams from preliminary rounds compete	Veda Chigurupati Debmoy Ghatak Abdul Hakeem		
1330	LUNCH			

DAY 1 – 9th OCTOBER 2026 (FRIDAY) | HALL B
 Nursing & Paramedics | Free Papers | Poster Presentations

TIME	TOPIC / SESSION	SPEAKER(S)	CHAIRPERSONS
0700 – 0800 hrs	CONFERENCE REGISTRATION		
0800 – 0900 hrs	SESSION 1 B – AWARD ORAL PAPERS: NURSING / PARAMEDICS		
0900 – 1000 hrs	SESSION 2 B – NURSING IN TRAUMA: CONNECTING THE DOTS		
	The trauma nurse coordinator — redefining the role in the Indian context	Akhila R Nair	Vipul Srivastava Mahadev Singh Sen Gaurav Mishra Vivek Katiyar
	Trauma First Responder Programme and the role of the Trauma Nurse Educator	Rabeesh Kumar	
	From Chaos to Control: Nursing Priorities in Disaster and Mass Casualty Care	Ashish Jhakar	
	Reducing Over triaging and Under triaging in Trauma		
1015- 1130 hrs	INAUGURAL SESSION AND ISTAC ORATION (HALL A)		
1130 – 1230 hrs	SESSION 3 B – RESUSCITATION AND EDUCATION		
	Nurse-led trauma resuscitation – a way out to improve pre-hospital trauma care?	Preeti Singh	Arvind Pratap Devendra Vinod Poonam Joshi Gaurav Patel
	Simulation- based trauma training for nurses- the future is here	Arun Varghese	
	Trauma Nursing Education – academic and career prospects in India	Sachin Dwivedi	
	Scoop and play in a pre-hospital setting- are we there yet?	Christina C Parihar	
1230 – 1330 hrs	LUNCH BREAK		

1330 - 1430	SESSION 4 B – SURGICAL CRITICAL CARE FOR THE TRAUMA NURSE		
	Best practices to enable early weaning from mechanical ventilation	Rajni Sharma	Shubham Rambharosh R N Meena Atul Jain
	Pain, the fifth vital sign: How to monitor and treat	Anshu Skaria	
	A refresher on infection control in the ICU: What works and what doesn't	Jitendra Singh	
	Preparing your OR for a trauma rush-in: navigating the chaos	Jyoti	
1430 – 1530 hrs	SESSION 8 B – NURSING: POLYTRAUMA CARE & REHABILITATION		
	Monitoring the polytrauma patient — the vital signs and beyond	Pooja Rathore	Sumit Sharma Asmit Chaudhary Prakhar Jaiswal Nistha Chawla
	Taking care of the Intercostal Drain: tips and pitfalls	Priyanka Singh	
	Early mobilisation and rehabilitation — the nurse-led role	Bajarang Lal Sharma	
	Family communication and psychological support in trauma	Srinivasan	
1530– 1700 hrs	SESSION 5 B E- POSTER DISPLAY & JUDGING	Selected Presenters	